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Simplifying Sanskrit Chant

Chant List with Lyrics/Translations

1) Gayatri Mantra

*Om Bhur Bhuvah Swaha,
Tat Savitur Varenyam
Bhargo Devasya
Dheemahi
Dhiyo Yona
Prachodayat*

Oh, God I (we) meditate on your divine light. Bestow your blessings on us so that my (our) intellect may be enlightened, so that I (we) may rise higher and higher to the highest consciousness. Enable me (us) to meditate, to be successful in all affairs of life, and to realize God (Truth).

2) Sambasada Shiva

*Sambasada Shiva, sambasada Shiva, sambasada Shiva, jay jay Om
Jay mata, jay mata, jay sri mata jay jay ma*

Chant to Lord Shiva, the transcendent reality that exists in every soul. Shiva is beautiful and filled with compassion, reveling blissfully in truth and consciousness, and conquering even death.

3) Sita Ram

*Sita Ram, Sita Ram, Sita Ram jaya Sita Ram
Oh Sita Ram, Sita Ram, Sita Ram jaya Sita Ram
Sita Ram Sita Ram Sita Ram Sita Ram, Sita Ram Sita Ram jay jay Sita Ram*

A chant for uniting with our own perfect masculine and feminine; glory to the divine couple Sita and Ram.

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4) **Patanjali Invocation**

*Vande Gurunam Caranaravinde Sadarsita Svatma
Sukhava Bodhe, Nih Sreyase, Jangalikayamane
Samsara, Halahala, Mohasantyai, Abahu, Purusakaram
Sankhacakrasi Dharinam Sahasra Sirasam Svetam
Pranamami, Patanjalinim*

I pray at the lotus feet of the supreme guru who teaches the good knowledge, showing the way to knowing the self-awakening great happiness; who is the doctor of the jungle, able to remove the poison of the ignorance of conditioned existence.

To Patanjali, an incarnation of Adisesa, white in color with 1000 radiant heads, human in form below the shoulders holding a sword, a wheel of fire, and a conch, to him, I prostrate.

5) **Radhe Govinda**

*Radhe Govinda, Radhe Govinda
Radhe Radhe Govinda Radhe Radhe, Radhe Radhe Govinda Radhe*

Chant to Krishna (Govinda), the eternal lover of Radha, the flute playing king of the cowherds, who emanates waves of supreme consciousness, light, and bliss.

6) **Teacher Mantra**

*Guru Brahma Guru Vishnu Guru Devo Maheswara,
Guru Sakshat Param Brahma
Tasmai Sri Guruve Namaha*

To that teacher that is creation, to that teacher that is this very life, To that teacher that is all challenge and transformation, to that teacher within each of us, To that teacher beyond all things – formless and divine, I bow down and offer my life and efforts.

7) **Anandoham**

*Sachara Chara Para Purna, Shivoham Shivoham
Nityananda Swarupa, Shivoham Shivoham
Anandoham Anandoham Anandoham Anandoham*

My true nature is eternal, pure, and infinite. I am bliss, I am bliss, I am pure consciousness, the indifferent observer of everything. I am Shiva.

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8) **Shiva Shambho**

Shiva Shiva Shiva Shambho, Shiva Shiva Shiva Shambho
Mahadeva Shambho, Mahadeva Shambho

Shiva, bestower of good (the benevolent), Mighty Lord, the bestower of good.

9) **Maha Mrityunjaya Mantra**

Om Tryambakam Yajamahe
Sugandhim Pushtivardhanam
Urvarukamiva Bandhanam
Mrityor Mukshiyā Mamritat

We worship the three-eyed Lord (Shiva) who is full of sweet fragrance and nourishes human beings. May he liberate me from bondage, even as the cucumber is severed from the vine.

10) **Om Namah Shivaya**

Om Namah Shivaya, Om Namah Shivaya
Shivaya Namah, Shivaya Namah Om

Shiva is the lord of ascetics and recluses. Shiva, the Cosmic Dancer, presides over destructive energies, which break up the universe at the end of each age. This is the process of the old making way for the new. In a more personal sense, it is Shiva's energy by which one's lower nature is destroyed, making way for growth.

11) **Tome Bhaja Remana**

Tome Bhaja Remana, Tome Japa Remana
Om Sri Ram jaya Ram, Shri Ram jaya Ram
Japa Remana

A chant to King Ram, an avatar (divine incarnation) of Vishnu, the element of existence that acts to preserve and to sustain all life. A Bhajan is a song sung in Hindi, India's national language; to be distinguished from mantras, which are in Sanskrit, India's language of all things religious and studious. Japa is the use of sound repetition to elicit the experience of meditation.

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12) Universal Peace Mantra

*Loka Samasta Sukino Bhavantu
Om Shanti Shanti Shanti Om*

May all beings be happy and free.
Peace, Peace, Peace

13) Sri Krishna Arati

*Sri Krishna Govinda Hare Murare
Hey Nata Narayana Vasudeva*

Oh Beloved Krishna, Oh Govinda, Oh Hari, Hey Murari,
Oh Lord Narayana, Oh Vasudeva [all names of Krishna].
I worship you with my heart and soul.

Closing Prayer

*Asato ma Sadgamaya
Tamsa ma Jyotirgamaya
Mrityor ma Amritamgama
Om Shanti, Shanti, Shanti*

Lead me from the unreal to the real,
From darkness to light,
From mortality to the immortal,
Om, Peace, Peace, Peace