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Learning To Listen partners w/ Cars 4 Causes

**‘By Offering Support to Our Collective of Teachers,
Community Service & Education Can Continue’**



Support the *Learning To Listen Yoga & Meditation Center* by donating your old vehicle to **Cars 4 Causes**®, the #1 choice for donating vehicles. Donate cars, trucks, boats, RVs, motorcycles, running or non-running, to help **benefit LTL's Mission: offering tools that promote conscious living.**

The *Learning To Listen Yoga & Meditation Center* is a 501(c)(3) nonprofit community made up of teachers and students.

Our central guiding lineages are that of *Patanjali's Classical Yoga (Yoga-Sutra)* and the *Teachings of the Buddha (Buddha-Dharma)*.



Our goal is liberation, to allow freedom for all — especially freedom from oppressive mind thoughts. We feel that the result of this freedom will be world peace.

For further details, please visit:
www.learningtolisten.info